

LOAVES and FISHES

Enfield Loaves and Fishes, Inc.
P.O. Box 544 • Enfield, CT 06083-0544

2006

ANNUAL REPORT OF CARING



Enfield Loaves and Fishes Soup Kitchen continues to provide record numbers of meals in our committed effort to improve the overall well being of our community. This year we have increased the amounts of fresh fruits, vegetables, and dairy products made available to our guests to proactively improve their health. This past year Enfield Loaves and Fishes was honored to serve 45,383 meals, which includes 18,646, or approximately 41 percent of these meals, served to children. Another 9,175 snacks were served to children

participating in after school programs of Educational Resources for Children (ERFC). Additionally, 6,353 total meals were provided for home consumption to families in emergency situations.

Christmas for young people of all ages was celebrated on 12/18/06. Students and youth groups from as far away as Somers and Granby adorned the building with Christmas decorations and lights. Some assisted the adults in various food preparation activities, and then participated as waiters and waitresses to serve our guests "restaurant style", while others were Santa's Elves to ensure that every adult and child received gifts. A few families had a sponsor or sponsors who provided gifts to each family member. Attending the Christmas celebration dinner were 153 adults and 62 children. For entertainment, guests were led in song with keyboard music accompaniment provided by a volunteer. Following the dinner, Santa distributed gifts to over 125 children who stopped in for a visit. Adults received gifts as well.

Guest services extend beyond warm, nutritious food served in a family atmosphere and include resources regarding job opportunities, social services, nearby rents, and medical assistance. This year we were able to provide free flu shots to our adult guests. Many social organizations, schools, churches, and local businesses helped provide monetary and/or volunteer support to enable Enfield Loaves and Fishes to keep up with increasing demands to aid and feed the needy. We are now able to provide meals seven days a week.

This Soup Kitchen has a wonderful support system of volunteers and much needed community assistance. Our volunteers graciously donate their time, talent, and love—key ingredients that go into providing each colorful, nutritious and delicious serving of food for our guests. If it were not for their kindness and generosity, this valuable mission to end hunger could not be sustained. In return, many of us have been rewarded by seeing the smiles on our guests' faces, by hearing their genuine words of thanks, or by witnessing the assistance of these grateful guests when asked to pitch in.

On behalf of the Board of Directors and all our guests, I extend our heartfelt gratitude to all who share in this worthwhile effort. Know that your kindness is much appreciated. May your generosity be multiplied many fold and returned to you.

Priscilla Brayson

Priscilla Brayson, Director
Enfield Loaves and Fishes



**DEDICATED
VOLUNTEERS**

Mission Statement 

Loaves and Fishes is committed to providing meals and fellowship to the poor, hungry, and disenfranchised within our community.



**GRATEFUL
SMILES**

A Mother's Survival Story



"The ability to face another day with a feeling of optimism and being able to provide my children a healthy and nutritional meal, is a gift that I receive each day because of the wonderful people at the Enfield Loaves and Fishes soup kitchen."

As a single mother of six children, Helen Bieu-Heysse knows that each time her family walks into the soup kitchen not only will they get a home cooked meal but they will also be treated with respect, dignity, and equality. "Priscilla and her wonderful volunteers provide a high-quality meal as they strive to help individuals who may be down on their luck," remarks Helen. "Being treated like a member of the family each time you walk through the door as given my family strength, self-confidence and allowed us to feel hopeful about the future," says Helen.

Coming to the soup kitchen has opened opportunities for Helen and her family as she has met new friends and is building a support network she can depend on. In turn, Helen has been able to help other guests at the kitchen by referring them to available services they were not aware of. It makes Helen smile when she sees her children playing with other children. She knows they are safe and happy at the soup kitchen. "Priscilla and Murray have a personal connection with each one of their guests. They really understand and relate to the hardships that life often throws at us and they genuinely care about us as individuals." Helen shared the story about her son Joey who received a baseball and glove from Priscilla and Murray last year. They knew he liked baseball and they wanted him to pursue his love for the game. "There are not many people in the world that would be so generous to another person," Helen says smiling.

During this past Christmas season, Helen and her family were blessed many times as they received presents through our "adopt a family" program in which individuals and corporations sponsor a family at Christmas time. Priscilla was also able to give Helen and her children tickets to see "Disney on Ice". Helen said "The kids absolutely loved the show, the costumes and the awesome skating. It was a special treat."

Helen also remarked "The soup kitchen provides my family so many wonderful things: great food, pastries, milk, bread, clothing, and personal items. The kids and I are most thankful for these 'necessities,' but the best part of the soup kitchen is Priscilla and Murray. They have taken away the 'worry' about how to provide for my family. The kids and I want to say a special 'thank you' for the survival of my family."

A Tribute to Ruth Careno (1920-2006)

The dictionary defines the word **Gem** as - a beloved or highly prized person. The dictionary also denotes the meaning of **Exceptional** as - well above average as well as extraordinary. The combined meanings of these two words describe Ruth Careno perfectly. She was indeed, "beloved and highly regarded by all that knew her and was without a doubt one who always exceeded expectations" ... a very remarkable lady.

This year, Ruth would have celebrated and thus been recognized for 25 years of service for all of her contributions and countless hours of volunteer work at Enfield Loaves and Fishes soup kitchen as a treasured "member of our family." Every week for over 24 years, Ruth faithfully and willingly served dinner to our guests. She enjoyed sharing stories with each of them. She was pleased to be able to use her previous experiences to help the guests and was always willing to assist with administrative duties at the soup kitchen.



Ruth was a lady with many interests as she was deeply committed to donate her time. For almost 30 years she was a volunteer in a group called "Project Concern." This group of women would visit inmates at Somers and MacDougall prisons on a weekly basis to sit and talk with, or listen to the inmates. Being a part of this very valuable project was a commitment Ruth honored until two weeks before she became ill.

Her love to serve those in need was also shared at the Little Sisters of the Poor. Ruth volunteered every day for many years feeding patients in need of assistance. Ruth, once again offered companionship and compassion to those less fortunate as she enjoyed visiting with each resident.

Ruth was a very talented lady and enjoyed floral arranging, painting and upholstering furniture. To this day, her home displays many of her beautiful works. Ruth also worked for 30 years as an executive secretary at Kaman Aircraft.

Ruth's generous and kind spirit; humorous nature; love for the poor and needy; sense of commitment; devotion to her church; and love for her family and friends, are all attributes that make Ruth "**An Exceptional Gem**," treasured by all who knew and loved her. The legacy Ruth has left will live on and she will never be forgotten.

Who are we? Loaves and Fishes is a nonprofit, volunteer program incorporated in 1982. Our purpose is to feed and aid the disenfranchised.

Where are we? We are located in the St. Andrew's Church Hall at 28 Prospect Street. Our mailing address is Enfield Loaves and Fishes, Inc., P.O. Box 544, Enfield, CT 06083-0544. Our phone number is (860) 741-0226. Our web site is: www.enfieldloavesandfishes.com.

Facts:

We have gone from serving 15,625 meals in 1992 to 45,383 meals in 2006, with an additional 9,175 snacks prepared for children. Of the thousands of meals served, about 41% of meals went to children in the soup kitchen and ERfC after school programs, while another 6,353 were provided for home consumption in emergency situations.

We are staffed almost exclusively by volunteers from the community and operate under the guidance of a Director and a volunteer Board of Directors.

Food and commodities are supplied by local businesses, schools, churches, civic organizations, as well as by federal and state programs.

Dinners are served Sunday through Friday from 4-5 p.m. and on Saturday from 11-12:30 p.m., with various churches or groups providing meals and volunteers on Saturdays and Sundays.

Special Thank You - 2006 Organizational Contributors

BANKS:

Bank of America – Match
C.S.P.E. Federal Credit Union
Enfield Community Federal CU
Enfield Federal Savings
First Pioneer Farm Credit A.C.A.
Hamilton Sundstrand F.C.U.
New Alliance Bank
Rockville Savings Bank / South Windsor

BUSINESSES:

A Perfect Look
Action Pest Control
ADVO, Windsor
Ahlstrom
Ahlstrom Power Employees
Alaimo and Barile LLC
Allied Community Resources
American Wholesale, Inc.
Bagels - Glastonbury.
Barcelona - Foods
Big Y
Bigelow Commons
Bombardier Aerospace - Employee
Camerota Truck Parts
Carol's Family Daycare
Caronna's Package Store
Carris Reels
CC&H food Broker Channel 3 – Employer
Christmas Tree Shop
Cigna / Employees - Bloomfield
Common Ground Senior Center
Common Ground Senior Center / Sunny Patch Kids
Community Hartford SNET - Rocky Hill
Conn. Business Systems
Constitution Cable Products Inc. - East Windsor
Conval, Inc.
Costco
Country Diner
Crabtree and Evelyn
Curves For Woman - Enfield
Cuz We Care
CVS Charitable Trust
Diane's Bakery
Easy Pickin's Orchard
ECCC - Enfield
Edwards Driving School
Enfield Democratic Town Community
Enfield Enterprises, Inc.
Enfield Ford
Fallon, Tatsinis & Assoc. LLC
Fortune Building and Remodeling
Freihofers – Vernon
Genworth
Golden Irene Restaurant
Grey Physical Therapy / staff
Growers Direct Farms Inc.
Growth Co.
H.P. Hood LLC - Agawam, MA
H.P. Hood LLC - Suffield
Hallmark Cards, Inc.
Hallmark Retirees Club
Hamilton Sundstrand / Windsor locks
Hartford U.S.P.S.
Heritage Group
High Tech Conversion Inc. - East Windsor
Hoover Precision Products - East Granby
Janik Sausage Co.
Johnny Potato - Enfield
Key Lync
Large and Page Communications
Lil Buddy's Inc.
Linens-N-Things
Main Street Kids
Maine Fish Market - East Windsor
Mass Mutual - Employees
Montgomery Rose
Network Against Domestic Abuse
New Directions, Inc.
Neckers - Simsbury
North Central Civitan – Windsor
North Central CT Lawyers Association
North Central Legal Secretaries
Olive Garden - Enfield
Outlaws Motor Cycle Club - Enfield
Panera Bread
Pat's Angels
Pela Cut Salon
Penske Truck / East Windsor
Pfizer – Matching Gifts
Pier 1 Imports
Pratt & Whitney – Wood Group
Printing Ink LLC – Somers
Protech Enterprise
Riley's School of Dance and students
River Street Farms

SBC Employee Giving Campaign-Princeton, NJ
Shaw's
Silvia's Gourmet Restaurant
SNET – Hartford
Sol e Terre Farm LLC - Suffield
Somers Village Players
Starbucks
Stop & Save
Stop & Shop
STR
Suffield By The River LLC
Suffield EAA
Suffield Sportsman Assn.
Suffield Veterinarian Hospital
T - Square Builders LLC - Somers
T & R Wholesale Foods Inc. - Mass.
The Growth Company
Travelers Financial Group
Tyco - Matching Grant
Unicorn Polish Bakery
United Parcel Service - Windsor Locks
United Way of Capital Area
USA Hauling and Recycling, Inc.
UTC – UT Flight
VA Hospital – West Haven
Yankee Marketing

CHURCHES AND RELIGIOUS ORGANIZATIONS:

All Saints Church - Somers
Amazing Grace Church
Archdiocese of Hartford
Calvary Presbyterian Church – Enfield
Christian Community
Church World Service, Inc.
Corner Stone Church – East Windsor
Dominican Laity, Mother of God Charter
Enfield Congregational Church
Enfield Council of Christian Churches
Felician Sisters
First Church of Christ Congregational - Suffield
Grace Episcopal Church
Hazardville United Methodist Church
Holy Family - St. Vincent de Paul - Enfield
Holy Family CCD
Holy Family Church
Holy Family Church First Communion Class
Holy Family Women's Guild
Living Waters Fellowship Church – Windsor Locks
Lutheran Church of Our Redeemer
Mount Carmel Woman's Aux
Sacred Heart Church – Suffield
Sacred Heart Church – Youth Ministry
Sacred Heart Church / Social Action Ministry
Second Baptist Church of Suffield
Shepherd of the Hills Lutheran Church, Simsbury
Somers Congregational Church UCC
St. Mary's / Small Christian Community / Enfield
St. Andrew's Episcopal Church
St. Barnabas and All Saints Church
St. Bernard's / St. Vincent de Paul
St. Bernard's Church, Holy Name Society
St. Catherine Church - Broad Brook
St. John Episcopal Church – East Windsor
St. Joseph Residence and Residents
St. Martha's Church Prayer Group
St. Mary's Church – Windsor Locks – Small Christian Group
St. Patrick Church
St. Patrick's Church / 1st. Communion class
St. Therese's Church – Granby
St. Vincent de Paul Society / St. Bernard Conference
St. Mary's Church – Windsor Locks
Suffield Congregational Church
United Methodist Church of Enfield

SCHOOLS:

Alcorn Elementary School – Enfield Family Resources
Asnuntuck Community College / Phi Theta Kappa
Carol's Family Daycare
E.R.F.C. - Educational Resources for Children
Edward Driving School
Enfield Family Resources – Alcorn Elementary School
Enfield High School – Association
Enfield High School – Students
Enfield Montessori School
Enrico Fermi High School – Staff
Enrico Fermi High School – Students
First Church of Christ Congregational
Granby High PTO
Hartford County 4-H Association - West Hartford
Hazardville United Methodist Church
JFK Middle School / Community Service Club
Mabelle B. Avery Middle School / Jr. Beta Club
Mabelle B. Avery Middle School / SAVE Club
Main Street Kids / Suffield
Maple Street School Staff Club / Rockville

Parkman Elementary School / Alpha Delta Kappa Sorority
Parkman School - Staff
Somers High School / Culinary Department
Somers High School PTA
St. Adalbert School
St. Bernard School
St. John Episcopal Church – East Windsor
St. Martha's School & Parish / School Student Council
United Methodist Church of Enfield

CIVIC ORGANIZATIONS:

AARP Enfield Chapter 1209
AARP North Central CT Chapter
American Legion Post 154
ARC of Greater Hartford
Brownie Troop 348
Brownie Troop 351
Carl Robinson Correctional Institution – Enfield
CT Rivers Council – Boy Scouts
Easy Pickin's Orchard
ECCC – Fuel Bank
Enfield A.L.C. Community Service Program
Enfield Charter AARP
Enfield Democratic Town Committee
Enfield Enterprises Inc.
Enfield Family Resources
Enfield Food Shelf
Enfield Ford
Enfield Jr. Women's Club
Enfield Rotary Club
Enfield Senior Center
Enfield Women's Club Inc.
Foodshare, Inc., A Partner of America's Second Harvest
Golden Irene Restaurant
Hartford County 4H Association
Heritage Group
Ionic Chapter #100 OES
MacDougall Correctional Institution
Mt. Carmel Woman's Auxiliary
Network Against Domestic Abuse
North Central Civitan – Windsor
North Central CT Lawyers Association
North Central CT Legal Secretaries
North Central Ct. Chapter AARP
Outlaws, M/C Enfield Charter
Parkman School Cub Scout Pack 392
Somers Rotary Club
Somers Village Players
Somers Women Club, Inc.
Suffield E.A.A.
Suffield Emergency Aid
Suffield Regional Agriscience Center
Suffield Rotary Club
Suffield Woman's Club
T.E.A.M.
Thompsonville Fire District #2
Town of East Windsor
United Way – North Central
United Way of Capital Area, Inc. – Hartford
Willard Cybulski CI 391 Correctional Institution
Women Club of Enfield
Women of the Moose, Tville

FRATERNAL ORGANIZATIONS:

American Legion Post 154
CT River Council – Boys Scouts
Disable American Veterans Chapter 52
Dominican Laity – third order – W. Springfield
Enfield Elks Club BPOE 2222
Enfield Police Union Local 798
Enfield Rotary Club
Hazardville Station Auxiliary, VFW Post 10209
James Rinaldi – Roy Fede Post 17 Auxiliary
Knights of Columbus Council #4303 – Somers
Knights of Columbus Council #50 – Enfield
Moose Lodge 1525 – Thompsonville
Perceptor Tau Sorority
Tanguary - Magill American Legion Post #8566
Tanguary - Magill Post #80
Thompsonville Moose Club
Women of the Moose Lodge Chapter 1302 – Thompsonville

FOUNDATIONS:

Aetna Foundation (Match Grant)
Antonacci Family Foundation
Beatrice Fox Auerbach Foundation
Feinstein Foundation
Hartford Foundation for Public Giving
Keeney Foundation
Pfizer (Match Gifts)
Reid and Riege Foundation
Tyco (Match Gifts)

We have made every effort to ensure accuracy and apologize for any errors or omissions.

2006 Highlights

- We have developed a website:
www.enfieldloavesandfishes.com
- Volunteers from Mass Mutual and Genworth Financial Services painted the dining room walls as well as the storage shed during The United Way "Day of Caring".
- A new fund-raising campaign to raise money for a Cargo Van was set-up as the soup kitchen needs to be able to secure larger quantities of food/drink.
- Adults received flu-shots at no cost due to the generosity of Home & Community Health Service, Inc.
- Enfield Loaves and Fishes collaborated with ERfC (Educational Resources for Children) by providing mini-meals and snacks for (4) schools.
- Shaws Supermarket hosted a 2 day food drive for Loaves and Fishes. Through the effort of almost 40 volunteers, enough food and donations were collected to supply the soup kitchen for a couple of months.
- Thanksgiving and Christmas holiday sit-down dinners were held at Loaves and Fishes as each guest was served by a waiter/waitress. Santa was on hand to pass out presents to over 125 children, while adults received their gifts.

ENFIELD LOAVES & FISHES, INC. STATEMENT OF ACTIVITIES

FOR THE YEAR ENDED DECEMBER 31, 2005

REVENUES & SUPPORT:

Donations	\$ 115,513
Interest Income	\$ 1,179
TOTAL REVENUE AND SUPPORT	\$ 116,692

EXPENSES:

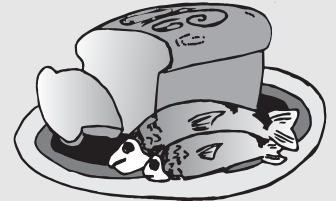
Accounting	\$ 1,745
Consulting	\$ 1,420
Depreciation	\$ 2,183
Fees	\$ 75
Insurance	\$ 6,922
Kitchen Operating Expenses	\$ 11,681
Maintenance	\$ 6,596
Office	\$ 1,603
Payroll Taxes	\$ 4,592
Printing	\$ 2,337
Rent	\$ 5,468
Salaries	\$ 54,740
Telephone	\$ 510
Travel	\$ 1,229
Volunteer Banquet	\$ 3,697
TOTAL EXPENSES:	\$ 104,798

INCREASE IN NET ASSETS	\$ 11,894
NET ASSETS, BEGINNING OF YEAR	\$ 90,491
NET ASSETS, END OF YEAR	\$ 102,385



How Can You Help?

Enfield Loaves and Fishes is solely dependent upon donations and volunteer help from individuals, churches, organizations, corporations and local businesses in North Central Connecticut throughout the year. The soup kitchen *does not* receive monetary support from local, state or federal governments.



There is a constant need for volunteers and donations since hunger has no season. Monetary donations support food purchases, rent, insurance, supplies, equipment purchases and maintenance.

Volunteers are needed to help with the transportation of food and supplies, stocking, food preparation, serving and clean-up.



HUNGER HAS NO SEASON